Post-Crash Care:

EMS Response to MVC-Related Injuries

January 2023
NEMSIS Technical Assistance Center



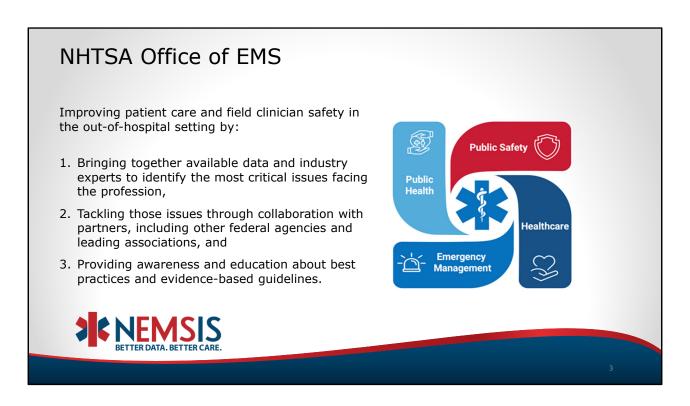
This document is provided by NHTSA to help state and national EMS partners better understand the characteristics of EMS response to motor vehicle crash-related injuries. It will be updated periodically to provide current information regarding temporal variations in the type and characteristics of motor vehicle crash EMS activations occurring in the U.S.

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The NHTSA Office of EMS supports the improvement of patient care in the out-of-hospital setting on a national level.

It is accomplished primarily in three ways:

- 1) Bringing together available data and industry experts to identify the most critical issues facing the profession,
- 2) Tackling those issues through collaboration with partners, including other federal agencies and leading associations, and
- 3) Providing awareness and education about best practices and evidence-based guidelines.

The backbone to making EMS successful are the hundreds of thousands field clinicians. Prehospital care doesn't happen without them.



Directly from NRSS PPT: NRSS overview – elements of NRSS

On January 27, 2022 Secretary Buttigieg released the National Roadway Safety Strategy. At the core of this strategy is a Department-wide adoption of the Safe System Approach, which focuses on five key objectives: safer people, safer roads, safer vehicles, safer speeds, and post-crash care.

- Safer People: Encourage safe, responsible behavior by people who use our roads and create conditions that prioritize their ability to reach their destination unharmed.
- Safer Roads: Design roadway environments to mitigate human mistakes and account for injury tolerances, to encourage safer behaviors, and to facilitate safe travel by the most vulnerable users.
- Safer Vehicles: Expand the availability of vehicle systems and features that help to prevent crashes and minimize the impact of crashes on both occupants and nonoccupants.
- Safer Speeds: Promote safer speeds in all roadway environments through a combination of thoughtful, context-appropriate roadway design, targeted education and outreach campaigns, and enforcement.
- Post-Crash Care: Enhance the survivability of crashes through expedient access to

emergency medical care, while creating a safe working environment for vital first responders and preventing secondary crashes through robust traffic incident management practices.

Safe System Approach

The Safe System Approach (SSA) of the NRSS emphasizes preventing fatalities and serious injuries.

Key Principles:

- 1. Death and serious injury are unacceptable.
- 2. Humans make mistakes.
- 3. Humans are vulnerable.
- 4. Responsibility is shared.
- 5. Safety is proactive.
- 6. Redundancy is crucial.



"We must strive for zero roadway fatalities and severe injuries - no other number is acceptable."

- U.S. Secretary of Transportation, Pete Buttigieg

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Directly from NRSS PPT:

https://www.transportation.gov/NRSS

The Safe System Approach of the National Roadway Safety Strategy emphasizes preventing fatalities and serious injuries over preventing crashes. This approach, combined with a focus on redundancy, means that our responsibility does not end when a crash occurs. Caring for people injured in a crash to prevent their injuries from becoming fatal is just as critical. In the safe systems approach, post-crash care is our last best chance to prevent serious injury or death.

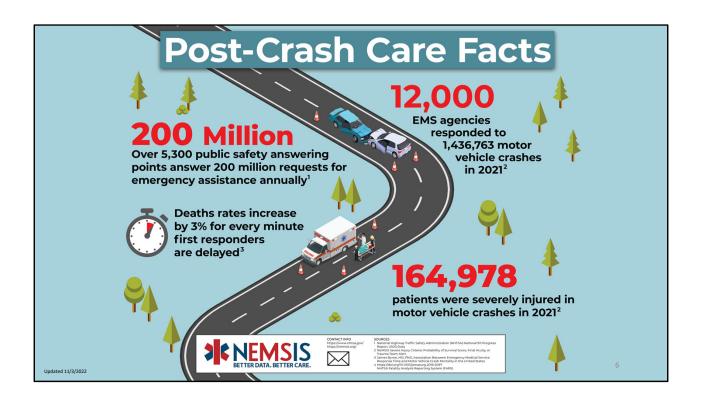
EMS is one of the major elements of post-crash care, which is why NHTSA has supported EMS system improvement since EMS services first came to be in the 1960s.

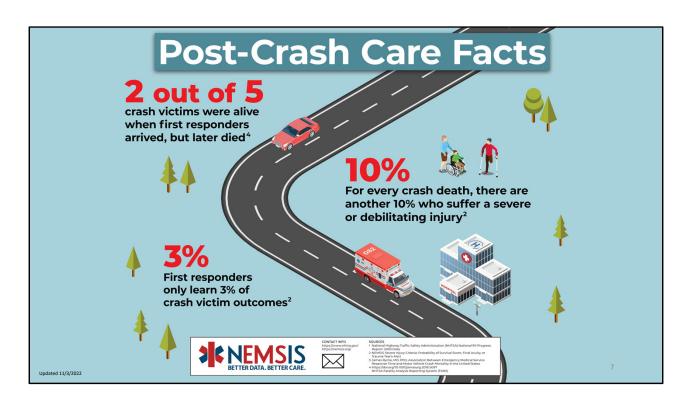
SSA Principles:

- **Death and Serious Injuries are Unacceptable:** While no crashes are desirable, the Safe System Approach prioritizes the elimination of crashes that result in death and serious injuries since no one should experience either when using the transportation system.
- Humans Make Mistakes: People will inevitably make mistakes and decisions that can

lead or contribute to crashes, but the transportation system can be designed and operated to accommodate certain types and levels of human mistakes, and avoid death and serious injuries when a crash occurs.

- **Humans Are Vulnerable:** People have physical limits for tolerating crash forces before death or serious injury occurs; therefore, it is critical to design and operate a transportation system that is human-centric and accommodates physical human vulnerabilities.
- **Responsibility is Shared:** All stakeholders including government at all levels, industry, nonprofit/advocacy, researchers, and the public are vital to preventing fatalities and serious injuries on our roadways.
- **Safety is Proactive:** Proactive tools should be used to identify and address safety issues in the transportation system, rather than waiting for crashes to occur and reacting afterwards.
- **Redundancy is Crucial:** Reducing risks requires that all parts of the transportation system be strengthened, so that if one part fails, the other parts still protect people.





"2 out of 5" quote refers to those that died, not all MVC patients.

Key NHTSA Actions for Post-Crash Care

- EMS on-scene safety.
- Traffic Incident Management training and technologies.
- Expand the use of and support for NEMSIS.
- Improve the delivery of EMS throughout the nation.



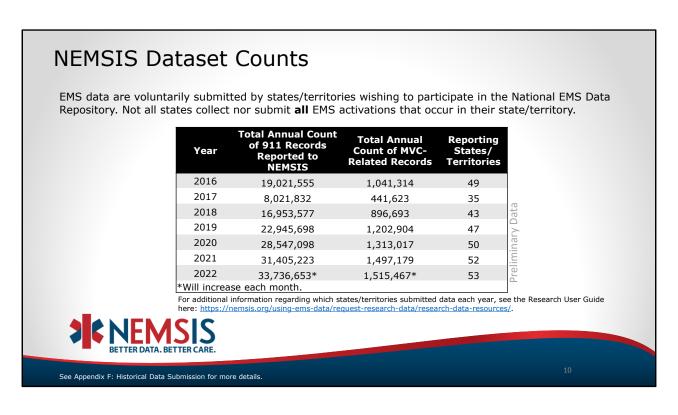


- 1. Develop and implement an outreach plan for EMS personnel for on-scene safety and traffic incident training.
- 2. Advance Traffic Incident Management training and technologies targeted at improved responder and motorist safety.
- 3. Expand the use of and support for NEMSIS by funding applied research and data quality improvements.
- 4. Improve the delivery of EMS throughout the nation in collaboration with FICEMS and NEMSAC by focusing on shortening ambulance on-scene response times.

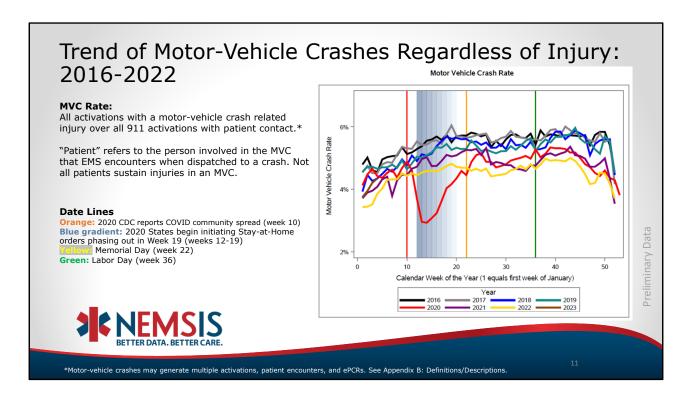
Report Considerations

- Date Range: January 2018 to present day
- All data is from the National EMS Data Repository (NEMSIS)
 - Exception is FARS Comparison slides
- Rate is used instead of count due to the variation in submitting states/agencies over the years
- This is preliminary data. For research data that is reproducible, use the Public-Release Research Dataset provided annually.

Please see the Appendices for specific parameters, inclusion, and descriptions.



Inclusion: January 4, 2016 to January 31, 2022



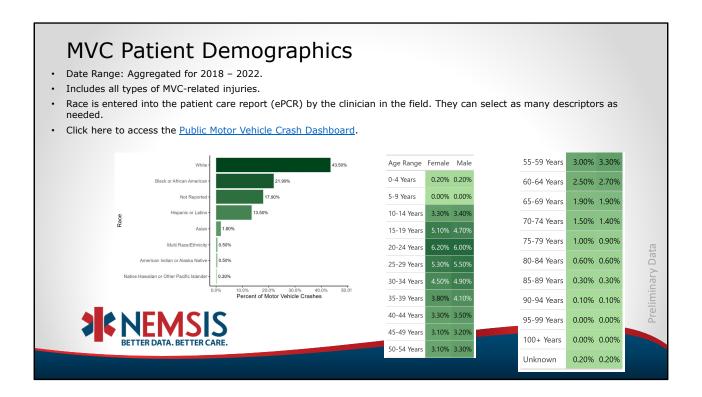
Motor vehicle crash rates are calculated by MVC-related injuries out of all 911 EMS responses with patient contact.

2016 and 2017 data are not included in the following graphs. Please contact nemsis@hsc.Utah.edu if you need these years.

The "drop" at the end of the years is an artifact of calculating the weekly calendar: When reporting numbers by week, the first week and last week usually do not align with year perfectly. We add extra days from another year to make every week whole week.

This is the only slide that uses ALL activations as the denominator and MVC as the numerator.

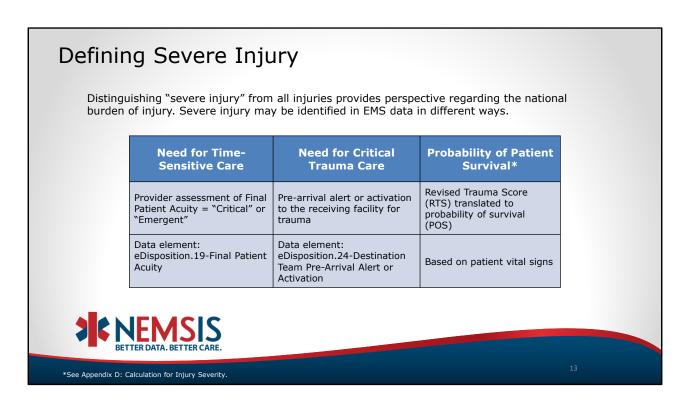
This is different from the EMS by Numbers report which is calculated by an MVC complaint reported to dispatch.



Race, age, and gender are calculated for MVC-related activations with patient contact. Race/ethnicity is not well documented due to some states and agencies not allowing collection of the element.

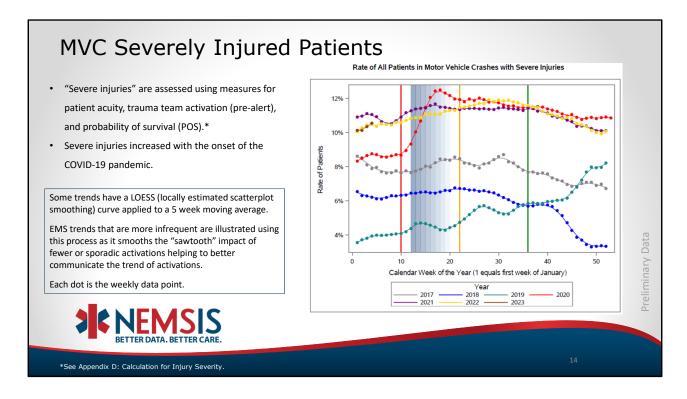
The age groups for 95-100+ are a very low percentage of activations. That is why the rate shows 0.00%.

Dashboard: https://nemsis.org/view-reports/public-reports/version-3-public-dashboards/v3-public-motor-vehicle-crash-dashboard/



"Severely injured" is assessed using a measure called the revised trauma score (or RTS) to calculate an approximate probability of survival. Patients who present with a probability of survival of 36.1% or less are considered severely injured and require care at a Level I or Level II Trauma Center.

Verified Trauma Center Process: https://www.facs.org/search/trauma-centers eDisposition.19-Final Patient Acuity is defined in the NEMSIS Data Dictionary: https://nemsis.org/technical-resources/version-3/version-3-data-dictionaries/



Injury for this report is defined by ICD-10 codes consistent with motor-vehicle crashes.

For a complete list of codes, please contact nemsis@hsc.utah.edu.

Severe Injury is calculated using:

Probability of Survival <= .361

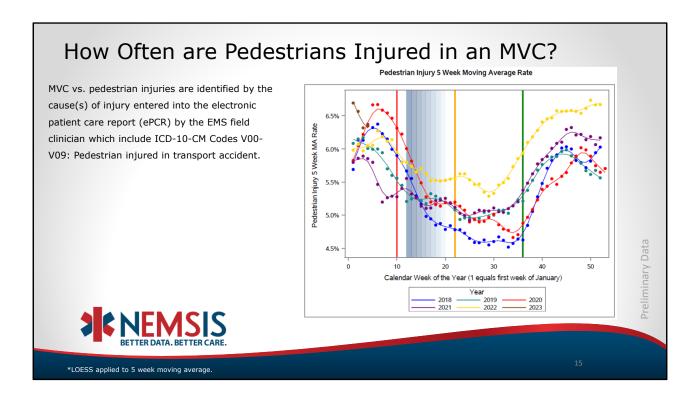
OR

eDisposition.19 - Final Patient Acuity = RED only

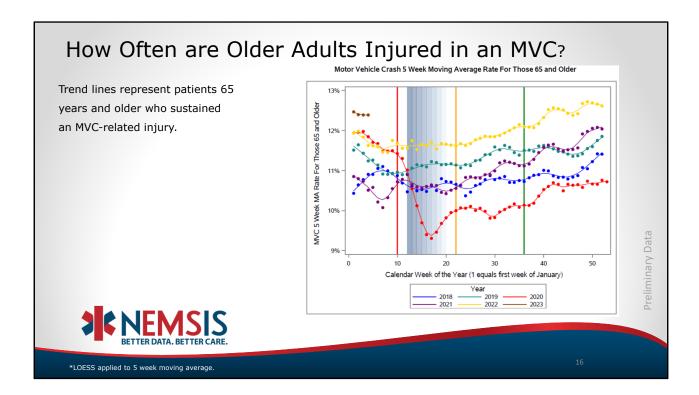
OR

eDisposition.24 - Destination Team Pre-Arrival Alert or Activation = 4224003 Yes-Adult Trauma OR 4224011 Yes-Pediatric Trauma OR 4224017 Yes-Trauma (General)

Severe injury calculation information is available in **Appendix D**



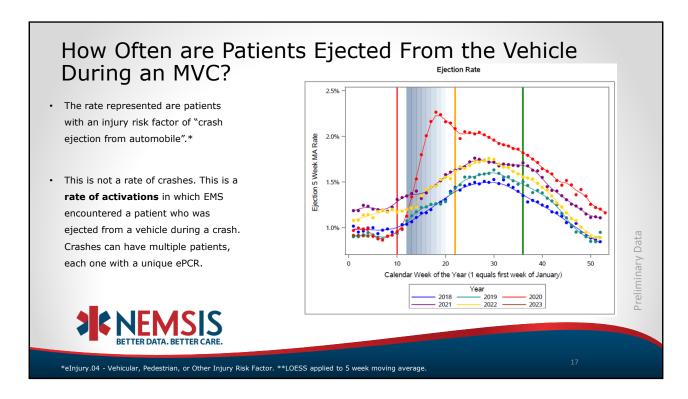
Pedestrian is defined by the identifying ICD-10 code that indicates an injury to "pedestrian".



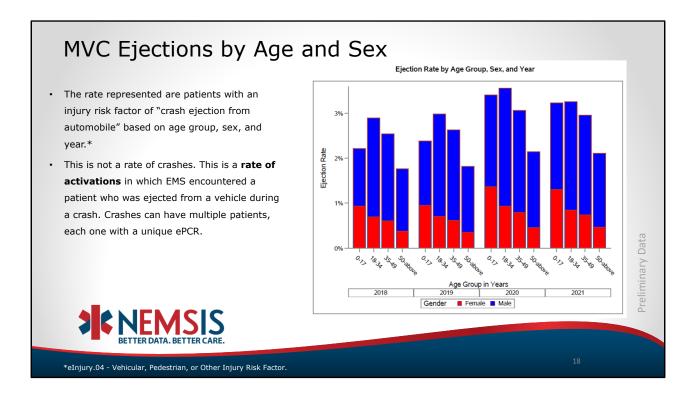
In the NEMSIS MVC Crash Dashboard, users can filter to a specific 5 year age range: https://nemsis.org/view-reports/public-reports/version-3-public-dashboards/v3-public-motor-vehicle-crash-dashboard/

Inclusion Criteria:

Adults >= 65 who sustained an MVC-related injury over MVC injuries of all ages.



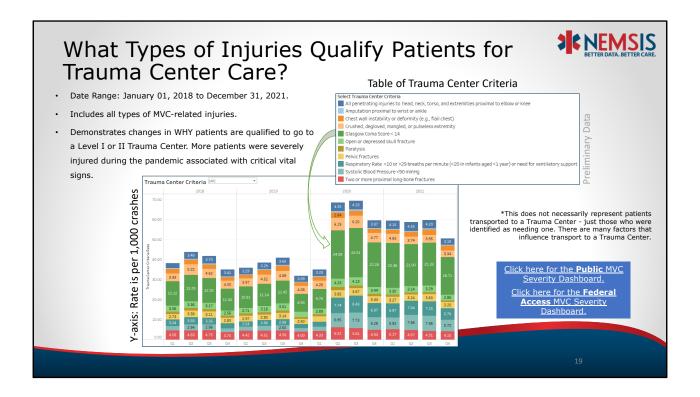
Inclusion criteria: eInjury.04 is 2904009--Crash Ejection from automobile. "Crash ejection from automobile" does not distinguish between partial and full ejection.



These are EMS activations with a patient encounter in which they were ejected from a vehicle during an MVC. There is no distinction in NEMSIS data between full and partial ejection.

Crashes can have multiple patients, each one with their own unique ePCR. Patients may have more than one ePCR depending on how many agencies cared for or transported the patient.

Counts are by activation, not by crash.



Trauma Center criteria is based on vital signs and anatomical injury. These patients should be transported to a Level 1 or 2 Trauma Center based on their instability. For example, the arrow points to Q1 of 2020. 24 patients out of 1,000 qualified for transport to a Level 1 or 2 Trauma Center based on a Glasgow Coma Score of under 14.

Inclusion:

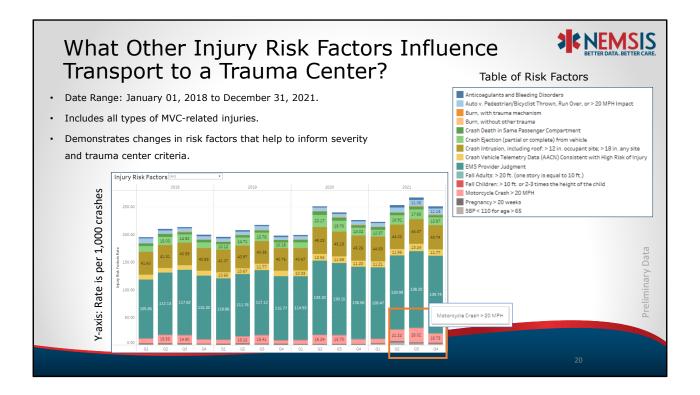
The denominator for the rate is all crashes. Each column represents a single quarter in a year. Unit notified by dispatch date is used to segment the records by quarter and year. The color bands segment the records by injury risk factor (elnjury.04). Each colored band within a column could therefore be described as the Rate (per 1000 motor vehicle crashes) of each injury risk factor (elnjury.04) for a single calendar quarter in a single year identified using unit notified by dispatch (eTimes.03)

1:M – clinicians may select as many options as needed to accurately describe the event. This DOES NOT represent actual transport to a Trauma Center – just that the patient qualified for Trauma Center Care.

MVC-related injuries only

Public Dashboard: https://nemsis.org/v3-nhtsa-motor-vehicle-crash-severity-dashboard-public/

Federal Dashboard: https://nemsis.org/view-reports/federal-reports/version-3-federal-dashboards/v3-ems-performance/



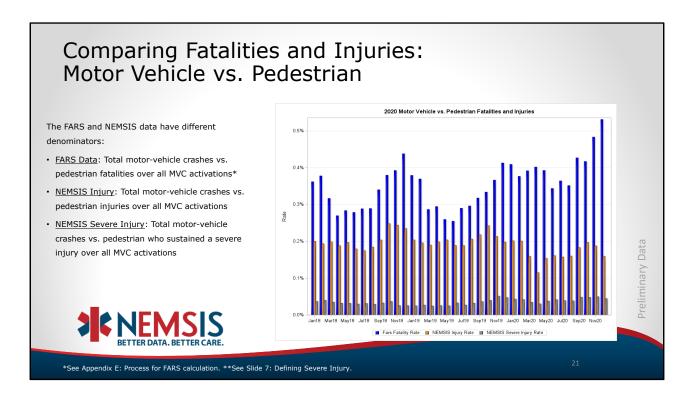
Injury Risk Factors (which include cause of injury and special circumstances) help to determine if the patient should go to a trauma center but does not indicate it must be a Level I or Level II Trauma Center.

These risk factors do not appear to be as sensitive to the pandemic except for Motorcycle Crashes above 20 MPH where the rate rose in 2021.

Orange Box: Motorcycle crash >20 mph as Injury Risk Factor for Trauma Center Criteria

Public Dashboard: https://nemsis.org/v3-nhtsa-motor-vehicle-crash-severity-dashboard-public/

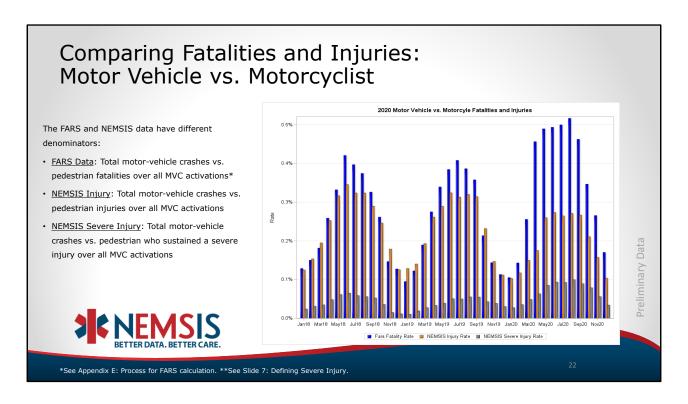
Federal Dashboard: https://nemsis.org/view-reports/federal-reports/version-3-federal-dashboards/v3-ems-performance/



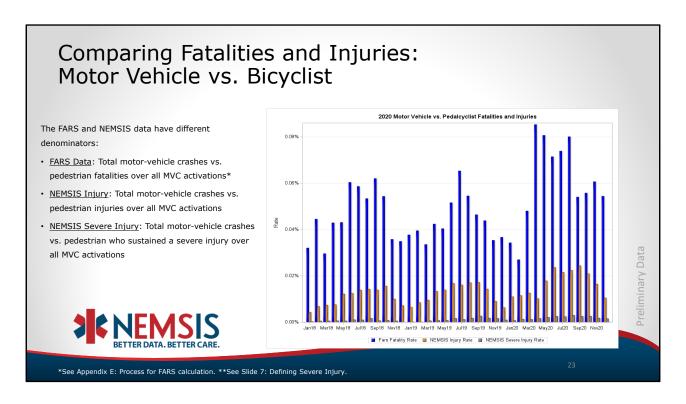
The next three graphs compare Fatality Analysis Reporting System (FARS) data and NEMSIS data.

FARS is a nationwide census providing NHTSA, Congress and the American public yearly data regarding fatal injuries suffered in motor vehicle traffic crashes: https://www.nhtsa.gov/research-data/fatality-analysis-reporting-system-fars FARS data represent fatalities and NEMSIS data include injury and severe injury rates. FARS data for 2020 and 2021 are not yet available.

Pedestrian is defined by FARS "as any person who is on a traffic way or on a sidewalk or path contiguous with a traffic way, and who is not in or on a nonmotorist conveyance." Pedestrian is indicated in NEMSIS data by ICD-10 injury codes.



FARS: Motorcycle fatalities are quantified the same way as a vehicle occupant or a nonmotorist.



FARS data refers to this group as "pedalcyclists".



Please contact the NEMSIS Technical Assistance Center for updates to this document or for additional information. nemsis@hsc.utah.edu

Julianne Ehlers, Project Management Ben Fisher, Research Management Angela Larkin, Lead Statistician Skyler Peterson, Support Statistician

Appendix A: Parameters of Data

Source: Unless otherwise noted, all data in this report are from the National EMS Information System (NEMSIS) National EMS Data Repository managed by the NEMSIS Technical Assistance Center (TAC). This is often referred to as "NEMSIS Data."

Date Range: January 01, 2018 through present day. The report is updated monthly and the current date is reflected on the title

Data inclusion criteria (unless otherwise specified):

911-initiated EMS responses.

Motor-vehicle crashes (MVC).

Positive for patient contact. (Not all patients present with MVC-related injuries.)

Response date is within the year represented.

Excludes Standby, Assist, and Cancelled calls where no patient contact occurred.

Date lines on selected graphs:

Orange: 2020 CDC reports COVID community spread (week 10).

Blue gradient: 2020 States begin initiating Stay-at-Home orders phasing out in Week 19 (weeks 12-19).

Yellow: Memorial Day (week 22). Green: Labor Day (week 36).

Smoothing: Some trends have a LOESS (locally estimated scatterplot smoothing) curve applied to a 5 week moving average. EMS trends that are more infrequent are illustrated using this process as it smooths the "sawtooth" impact of fewer or sporadic activations helping to better communicate the trend of activations.



Appendix A: Parameters of Data (continued)

Timeliness: 75% of EMS data submitted to the National EMS Data Repository are generally available within 8 days of the EMS encounter.

Completeness: Approximately 92% of all 911 EMS activations across the country are represented.

Duplicates: Resubmission of an electronic patient care report (ePCR) supersedes and replaces the previous ePCR submission. This helps to reduce duplicate records in the database.

Preliminary Data: For research data that is reproducible, use the Public-Release Research Dataset provided annually.

Use of Report: Please refrain from removing single slides or graphs from this report without additional pages or clear reference to the parameters and source of the data. Taken out of context, the individual slides or graphs may not be represented accurately. Please contact the NEMSIS TAC for specific and updated slides or graphs when needed. nemsis@hsc.Utah.edu



Appendix B: Definitions/Descriptions

Activation: An event in which EMS is dispatched to respond to a call for medical assistance. Also referred to as a "run" or a "call". Not all activations have a patient encounter. Motor-vehicle crashes may generate multiple activations, patient encounters, and ePCRs.

EMS Data: The data represented in the National EMS Data Repository are documented by EMS field clinicians during or after the activation through electronic patient care report software. Although only data that are consistent with the current National EMS Data Standard are accepted, and while much care is taken to ensure quality with 400+ validation rules, the data are largely left "as entered."

ePCR: An Electronic Patient Care Report is initiated when an EMS unit is dispatched to an event. ePCRs are created even when there is no patient contact such as a standby, assist, or cancelled call. The EMS unit that is dispatched or sent to the event is the originator of the record or ePCR.

LOESS: Locally estimated scatterplot smoothing technique. Some trends have a LOESS curve applied to a 5 week moving average. This process smooths the "sawtooth" impact of fewer or sporadic activations helping to better communicate the trend of activations.

MVC: Motor vehicle crashes are documented in EMS data when there is a patient encounter. Not all patients require medical assistance. When there is no patient present upon EMS arrival, that is generally documented as a cancelled call/event/activation and is not included in the denominator of the data represented in this report unless otherwise indicated.

Patient: Refers to the person that EMS encounters when responding to a 911 call for medical assistance. Not all patients are injured or require medical assistance.



Appendix C: Frequently Asked Questions

Why use RATE and not COUNT?

Over the years, the number of states and EMS agencies submitting data to the National EMS Data Repository has increased. RATE is used to account for variations in submissions and is a more consistent descriptor of EMS response characteristics.

Do these data represent a complete census of all EMS activations?

The NEMSIS Technical Assistance Center receives an estimated 92% of all EMS activations from across the country. There are some states that do not require all EMS agencies to report their data. As of March 2022, there was 1 state and 2 territories that do not submit data to NEMSIS (Delaware, American Samoa, Puerto Rico).

Is the National EMS Data Repository a registry of patients?

No. One patient may initiate multiple EMS activations. Each EMS encounter with the patient is generally recorded as a new record or ePCR. For example: A patient is injured in an MVC and a first response EMS unit arrives on scene to stabilize the patient (ePCR #1). The first response unit transfers care to a transporting unit that takes the patient to the hospital (ePCR #2). The hospital transfers the patient to a higher level facility via ground or air transport (ePCR #3). This is minimized by filtering data to 911-intiated activations.

Why is there variation in documentation practices throughout the country?

Hundreds of thousands EMS clinicians from every walk of life, in every demographic, and multiple staffing models document their patient encounters. There is no single right way to complete a patient care report (PCR) and documentation training is extremely varied. As such, EMS data are rarely collected in calm, sterile, predictable environments. States, territories, and agencies all impact the methods and requirements used to document EMS response activities.

Why are fatalities not well accounted for in EMS data?

EMS clinicians do not always complete a patient care report when there is an obvious fatality upon arriving at the scene. EMS is also not always activated when an obvious fatality has occurred. Thus, EMS data are far better suited to injury and not a complete resource for fatalities.

Do deceased patients (fatalities) show up in EMS data?

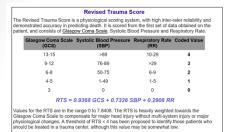
Generally, EMS documents activations where they treat and/or transport a patient. If a patient is clearly deceased at the scene, it is not uncommon for EMS to be cancelled prior to arrival. If the patient expires during treatment or transport, it is usually captured in the ePCR.

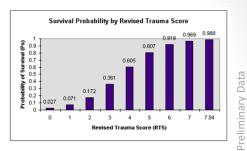


Additional details about EMS research data are located here: https://nemsis.org/using-ems-data/request-research-data/research-data-resources/

Appendix D: Calculation for Injury Severity

- Injury severity is determined using a measure called the revised trauma score (RTS) to calculate an approximate probability of survival (POS).
- Patients who present with a probability of survival of 36.1% or less are considered severely injured and should be transported to a Level 1 Trauma Center.
- RTS is calculated as described in the box below, and its value translates to a probability of survival (POS) score as
 described in the companion bar chart.







Appendix E: Process for FARS Comparison

Fatality Analysis Reporting System (FARS)

https://www.nhtsa.gov/research-data/fatality-analysis-reporting-system-fars

FARS is a nationwide census providing NHTSA, Congress and the American public yearly data regarding fatal injuries suffered in motor vehicle traffic crashes.

The FARS Fatality Data used in this report was run online by using the FARS Query System for 2018 - 2020.

The calculations are as follows using pedestrian as the example:

FARS rate = FARS pedestrian death over FARS total MVC count

NEMSIS injury rate = NEMSIS pedestrian injury over NEMSIS total MVC

NEMSIS severe injury rate= NEMSIS pedestrian injury with Probability of Survival (POS) less than .361 over NEMSIS total MVC (See Appendix C: Calculation for Injury Severity)



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FARS Definitions: (NHTSA Field Crash Investigation 2019 Coding and Editing Manual) https://crashstats.nhtsa.dot.gov/Api/Public/ViewPublication/813042

Pedestrian

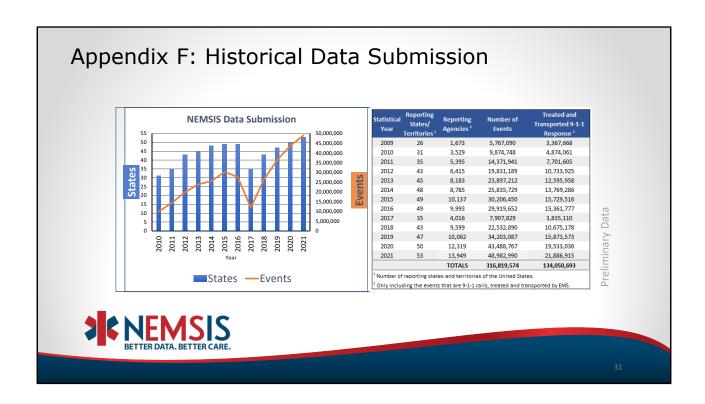
Is defined as any person who is on a traffic way or on a sidewalk or path contiguous with a traffic way, and who is not in or on a nonmotorist conveyance. This includes persons who are in contact with the ground, roadway, etc., but who are holding onto a vehicle. A nonmotorist conveyance is defined as any human-powered device by which a nonmotorist may move, or by which a pedestrian or nonmotorist may move another nonmotorist, other than by pedaling. A nonmotorist conveyance includes the following: baby carriage, coaster wagon, ice skates, roller skates, push cart, scooter, skate board, skis, sled, wheelchair, rickshaw, etc. This includes those persons in a nonmotorist conveyance who hold onto a motor vehicle in motion. Excluded are pedalcyclists.

Cyclist or cycle

Refers to any occupant of a pedalcycle, the cycle, or both. This includes those cyclists who hold onto a motor vehicle in motion.

Motored cycle

Refers to Body Type, Motorcycle, Moped (motorized bicycle), Three-wheel motorcycle or moped, Other motored cycle (minibike, motor scooter) and Unknown motored cycle type.



NRSS Post-Crash Care Goals

- 1. Develop and implement an outreach plan for EMS personnel for on-scene safety and traffic incident training.
- 2. Advance Traffic Incident Management training and technologies targeted at improved responder and motorist safety.
- Expand the use of and support for the National Emergency Medical Services
 Information System the national database that is used to store EMS data from the
 U.S. States and Territories by funding applied research and data quality
 improvements.
- 4. Improve the delivery of EMS throughout the nation in collaboration with the Federal Interagency Committee on Emergency Medical Services and the National Emergency Medical Services Advisory Council by focusing on shortening ambulance on-scene response times.

National Roadway Safety Strategy

